



Easy-access Services for Employees, Beneficiaries and Their Immediate Families

Protecting your family with end-of-life planning or having a beneficiary dealing with the loss of a loved one is never easy. As a covered employee, ComPsych® GuidanceResources can help.

GuidanceResources offers simple, easy-to-access tools to prepare and guide you and your family through the emotional, financial and legal issues that can arise before and after a loss. The program is offered at no cost to employees, beneficiaries, and their household family members, and offers around-the-clock access to confidential bereavement counseling, financial and legal guidance, and other services.

Support for Employees

GuidanceResources Online is available to all group life insurance covered employees and their household family members. Our award-winning website is accessible 24 hours a day, 7 days a week and offers vital information, tools and support. Log on for:

- EstateGuidance® can help covered employees secure their future by overcoming the legal, financial and emotional barriers to estate planning. Employees can create a last will and testament, living will and final arrangements document online. EstateGuidance walks you through the documentation process and breaks down each step into easy-to-understand terms.
 - Last Will and Testament: \$14.99 per will
 - Living Will: \$14.99 per will
 - Final Arrangements: \$9.99 per plan
- Articles, podcasts, videos, slideshows on relationships, family, health, wellness, legal and financial issues, and much more.

Support for Beneficiaries

Beneficiaries and their immediate family members can speak with our highly trained counselors, legal experts and financial planners for up to a year after a life insurance claim is filed.* Services include:

- Unlimited toll-free phone access to the GuidanceResources program
- Assessment and action planning to help you develop an individualized course of action
- Up to five face-to-face or telephonic sessions for any combination of emotional, legal and financial counseling. Talk to us about
 - Grief and loss
 - Anxiety, stress, depression
 - Guidance on returning to work
 - Inheritance and estate issues
 - Real estate transactions and insurance
 - Filing legal paperwork and more

*Once a life insurance claim is filed, the person eligible to receive insurance benefits may access services as described for up to a period of one year post claim. Applicable state laws surrounding mental health services may apply.

This program and its services, or any portion thereof, may be amended, modified, updated, discontinued or replaced at any time.

Here when you need us.

Online: guidanceresources.com

App: GuidanceResources® Now

Web ID: EAP4PGL

